

Summary of Tick Management Advice by Office of Env. And Heritage 2015

Preventing ticks getting onto skin:

- Avoid dense veg'n with dense shrubs, tall grasses, limited sunlight & moist leaf litter, esp. if populated by bandicoots
- Avoid high season (humid periods over spring/early summer)
- Wear long-sleeved shirts tucked into pants, collar and cuffs done up, pants tucked into socks, wide brimmed hat. Light coloured clothing makes ticks easier to spot.
- Wear a DEET or Picaridin repellent on all exposed skin. (NB DEET can damage synthetic fabrics)
- Put potentially exposed clothing into a hot clothes drier for at least 10 mins to kill any ticks

Dealing with ticks after they have latched on:

If you are non-allergenic;

- Kill the tick where it is. DO NOT try to remove it first.
- Use an ether containing spray (eg Wart-off Freeze / Med. Freeze skin tag remover) by holding just above the tick and spraying 3 times (may take a few hours to die)

If you are allergenic;

- **DO NOT KILL OR REMOVE tick – go straight to an emergency centre or other appropriate spot**

